

# STUDENT COUNSELLING AND INCLUSION

With you on the journey to your goals.

## STUDENT COUNSELLING

Helping build the resilience and wellbeing you need for life's ups and downs.

- Dealing with study stress
- Motivation and organising your time
- Feeling anxious or depressed
- Relationship issues or conflict
- Financial or welfare issues
- Coping with change or crisis

## CAREER CONFIDENCE

- Identify your strengths and goals
- Explore career opportunities and pathways
- Help with career decision making and putting your plan into action
- Supporting informed choices for students with additional support needs.

## DISABILITY & INCLUSION

- Information, support and advice
- Access plans and reasonable adjustments
- Specialised services such as AUSLAN interpreting and equipment.

Free and confidential services are available by appointment. Book at a campus Student Hub, online at [students.tafesa.edu.au/getting-help](https://students.tafesa.edu.au/getting-help) or freecall 1800 882 661.



## CONTACT US

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[students.tafesa.edu.au/getting-help](https://students.tafesa.edu.au/getting-help)

